

THE RESOURCE



Valley Society for Human Resource Management
Saginaw, Bay City and Midland - Michigan



Published for Members of the Valley Society for Human Resource Management

January 2008

HAPPY NEW YEAR!

January Meeting Notice:

Why Wellness?

Health Driven Strategy for a Health Driven Problem: Improving the Status of your Employees and their Families

Are you having trouble controlling your healthcare costs? Are you doing anything about it?

Nearly two years ago, WEYCO, a Meritain Health Company, turned the HR world upside down when it launched its policy of not employing smokers. Today, only a few other employers around the country are known to have adopted that exact practice. WEYCO's approach made a lot of heads spin, and a number of people to question the motives of Howard Weyers, WEYCO's President. Don't miss this opportunity to hear the man behind the "WEYCO Effect" describe his firm's Lifestyle Challenge program, their "E-challenges" and why healthcare is about getting employees to change their attitudes and take personal responsibility for their health.

Date:	Tuesday, January 8, 2008	Time:	11:30 a.m. Networking/Registration 11:45 a.m. Lunch 12:15 – 1:15 p.m. Speaker
Location:	Horizons Conference Center 6200 State Street Saginaw, MI 48603 (989) 799-4122	RSVP	rsvp@vshrm.org or call Sue Slade at
Cost:	\$20 for members; \$25 for guests \$10 for students; Cost includes lunch	Information:	989.921.5503
		RSVP	RSVP by Wednesday 1/2/08 5:00 p.m.
		Deadline:	There is a \$5 charge for late RSVP's



January's meeting has been pre-approved for one certification credit!

VSHRM MEMBERSHIP RENEWAL REMINDER:

Attention VSHRM members: You should have already received a renewal notice. To ensure that your status as an active VSHRM member is maintained, annual dues should be paid by **January 8, 2008**. Please do not wait until the last moment to submit your renewal information. Simply visit the VSHRM website at <http://vshrm.org/payments.asp> <<http://vshrm.org/payments.asp>> to electronically pay your dues. Also please update your membership profile at our VSHRM website (<http://vshrm.org/membershipform.asp>). If you have any questions on your membership status please contact Dmitry Erofeev or Patty Alfano for payment transaction information.

Update on VSHRM's Holiday Charity Events!

Thank you for helping us to support the mission of Hidden Harvest, putting good food to good use in the Bay, Midland, and Saginaw region. **We collected 105 pounds of food** which was delivered to charitable organizations in our communities. We received a thoughtful letter from Hidden Harvest thanking us for our efforts. Thank you again for your generous support in the fight to alleviate hunger.

AFFILIATE OF



SOCIETY FOR HUMAN
RESOURCE MANAGEMENT

MISSION:

The Valley Society for Human Resource Management (VSHRM) strives to be the principal voice for human resource issues for the Tri-Cities area. It promotes and assists the profession by providing valuable human resource information to area employers, resulting in the highest professional and personal development of their employees.



ABOUT JANUARY'S SPEAKER:



Howard Weyers' approach to improving employee health and reducing health-related costs for business has received international attention, particularly for its innovative lifestyle and tobacco-free workforce programs. Howard is President of Weyco, a Meritain Health Company. Meritain Health is the country's largest independent provider of services for self-funded health plans. Meritain Health serves over 1,400 self-funded clients and over a million members nationally. The company provides plan administration, innovative

wellness, medical management, disease management, network management, and cost management services. Meritain Health is also a pioneer and now the leading independent provider of Consumer Directed Health Plans. Meritain Health employs over 1,350 people with headquarters in Amherst, NY, and regional offices in 28 cities across the country. He has been featured on *20/20* with John Stossel, *60 Minutes* with Morley Safer, and virtually every major morning TV and radio talk show in the U.S. He has also been sought out for interviews and commentary by such prominent publications as the *New York Times*, *Washington Post*, *USA Today*, *Harvard Business Review*, and *The Economist*.

For 20 years prior to founding Weyco, Howard coached high school and college football. He is a graduate of Thiel College in Pennsylvania with a bachelor's degree in education.

WELCOME New Members!

- [Karie A Schoenmeyer](#), Mahar Tool Supply
- [Debra S Divo](#), Saginaw Powertrain Inc
- [Mitchell Horner](#), Student, SVSU

If you know anybody who may be interested in VSHRM please contact **Dmitry Erofeev** at **989.832.6994** or invite them as your guest to an upcoming VSHRM meeting.

December Meeting Testimonials:

Here's what some of our members had to say about December's breakfast meeting, featuring Ellen Crane who explained "The Who, What, and Why of Conducting Effective Employment Audits":

- Very informative!
- Very Relevant!
- Could have been longer – lots of information.
- Interesting and effective speaker; brought the information down to user level.
- Very good topic, presentation, and speaker.

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